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**Christine Emmer**, Doctoral Candidate and Research Assistant

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<b>Education</b>	<p><b>since 2018   Doctoral Candidate</b>          Division of Health Psychology &amp; Mannheim Centre for European Social Research, University of Mannheim  <i>Project:</i> Social integration, health behavior, and well-being among individuals with migration background  <i>Advisors:</i> Jutta Mata &amp; Frank Kalter</p> <p><b>2018   M.Sc. Psychology</b>  <b>Majors: Clinical and Cognitive Psychology</b>          University of Mannheim  <i>Thesis:</i> The association between weight stigma and mental health: a meta-analysis  <i>Advisors:</i> Jutta Mata &amp; Michael Bosnjak</p> <p><b>2018   Semester Abroad, M.Sc. Psychology</b>          University of Tartu, Estonia</p> <p><b>2016   B.Sc. Psychology</b>          University of Koblenz-Landau  <i>Thesis:</i> De-escalation strategies for justice conflicts: evaluation of intervention techniques in the context of the Greek debt crisis  <i>Advisors:</i> Anna Baumert &amp; Manfred Schmitt</p>
<b>Professional experience</b>	<p><b>Since 2020  </b> Postgraduate Teaching Assistant at the Division of General Sociology, University of Mannheim</p> <p><b>Since 2018  </b> Postgraduate Research and Teaching Assistant at the Division of Health Psychology, University of Mannheim</p> <p><b>2016/2017  </b> Student Research Assistant at the Institute for Psychiatric and Psychosomatic Psychotherapy, Central Institute of Mental Health (CIMH), Mannheim</p>
<b>Research interests</b>	<ul style="list-style-type: none"> <li>▶ Migration and social integration</li> <li>▶ Social determinants and consequences of health behavior</li> <li>▶ Stigma and social discrimination</li> <li>▶ Resilience research</li> <li>▶ Systematic reviews and meta-analytical methods</li> <li>▶ Social network analysis</li> </ul>
<b>Publications</b>	<p><b>Emmer, C.,</b> Bosnjak, M., &amp; Mata, J. (2020). The association between weight stigma and mental health: a meta-analysis. <i>Obesity Reviews</i>, 21, e12935. <a href="https://doi.org/10.1111/obr.12935">https://doi.org/10.1111/obr.12935</a> (top 10% most read articles in <i>Obesity Reviews</i>, IF 8.5)</p>
<b>Conferences</b>	<p><b>Emmer, C.,</b> Kalter, F., &amp; Mata, J. (2021). <i>Cultural identity and health behaviors – an investigation of adolescents with diverse backgrounds in Europe</i>          Presentation given at the 15<sup>th</sup> Congress of the Division of Health Psychology of the German Society for Psychology (DGPs).          Digital Conference.</p> <p><b>Emmer, C.,</b> Kalter, F., &amp; Mata, J. (2021). <i>Cultural identity and health behaviors – an investigation of adolescents with diverse backgrounds in Europe</i>          Presentation given at the 4<sup>th</sup> International CILS4EU User Conference.          Digital Conference.</p> <p><b>Emmer, C.,</b> Kalter, F., &amp; Mata, J. (2021). <i>What you do is who you are: Do health behaviors matter for cultural identity formation, and why is it important?</i></p>

Presentation given at the 35<sup>th</sup> Conference of the European Health Psychology Society (EHPS).

Digital Conference.

**Emmer, C.,** Kalter, F., & Mata, J. (2021). *What you do is who you are: Do health behaviors matter for cultural identity formation, and why is it important?*

Presentation given at the ISBNPA XChange Initiative of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA).

Digital Conference.

**Emmer, C.,** Kalter, F., & Mata, J. (2020). *Associations of cultural identity with health behaviors and health outcomes.*

Presentation given at the digital Conference of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA).

Digital Conference.

**Emmer, C.,** Bosnjak, M., & Mata, J. (2019). *The relation between overweight, weight-stigma, and well-being: A meta-analysis.* Presentation given at the 14<sup>th</sup> Congress of the Division of Health Psychology of the German Society for Psychology (DGPs).

Greifswald, Germany.

**Emmer, C.,** Bosnjak, M., & Mata, J. (2019). *The relation between overweight, weight-stigma, and well-being: A meta-analysis.* Presentation given at the 33<sup>rd</sup> Conference of the European Health Psychology Society (EHPS).

Dubrovnik, Croatia.

**Emmer, C.,** Bosnjak, M., & Mata, J. (2019). *A meta-analysis of the relation between weight stigma, mental health, and well-being.* Presentation given at the 8<sup>th</sup> Workshop for Doctoral Students in Experimental Psychology (A-Dok).

Mannheim, Germany.

#### Teaching experience

**Fall 2021** | Cognitive Foundations of Clinical Psychology: Health Behaviors and Psychopathology; M.Sc. Psychology, University of Mannheim

**Fall 2021** | Fundamentals of Sociology; B.A. Sociology, University of Mannheim

**Spring 2021** | Fundamentals of Sociology: Migration and Health; B.A. Sociology, University of Mannheim

**Spring 2020** | Research Project Seminar: Theory and Application of Health Psychology Research; M.Sc. Psychology, University of Mannheim

**Spring 2020** | Focus Areas of Clinical Psychology: Health Behavior Change; B.Sc. Psychology, University of Mannheim

**Fall 2019** | Cognitive Foundations of Clinical Psychology: Health Behaviors and Psychopathology; M.Sc. Psychology, University of Mannheim

**Spring 2019** | Research Project Seminar: Theory and Application of Health Psychology Research; M.Sc. Psychology, University of Mannheim

#### Supervised theses

**2021** | M.Sc. thesis in Psychology

Maren Flottmann, University of Mannheim, "Piloting an ecological momentary assessment study on daily stress, physical activity, and well-being: A new look at the relationships considering psychological mechanisms and migrant background".

**2021** | B.Sc. thesis in Psychology:

Hannah Hoffmann, University of Mannheim, "Web-Based Physical Activity Interventions Directly Enhance General Self-Efficacy".

**2021** | M.Sc. thesis in Psychology:

Julia Dorn, University of Mannheim, "The Effect of Perceived Discrimination on Mental Health: A Meta-Analysis".

## Workshops

**2019** | M.Sc. thesis in Psychology:

Constanze Brückner, University of Mannheim, “The Association of Leisure Time Exercise and Psychological Well-Being in Immigrants: A Meta-Analysis”.

**2021** | Summer School “Digital Interventions” organized by the Division of Health Psychology of the German Society for Psychology (DGPs).  
Digital Summer School.

**2019** | Early Career Researcher Workshop “An Introduction to the Systematic Reviews and Novel Approaches to Evidence Synthesis” organized by the Collaborative Research and Training in the EHPS (CREATE).  
Dubrovnik, Croatia.

**2019** | Summer School “Big Data in Health Psychology” organized by the Division of Health Psychology of the German Society for Psychology (DGPs).  
Greifswald, Germany.

**2019** | Workshop for Doctoral Students in Experimental Psychology (A-Dok) “Introduction to Bayesian Parameter Estimation with Stan”.  
Mannheim, Germany.

**2018** | Behavioral Insights Summer School organized by the World Health Organization (WHO) and the University of Erfurt.  
Erfurt, Germany.

## Grants & awards

**2021** | Research award for the promotion of young scientists for the publication “*The association between weight stigma and mental health: a meta-analysis*” by the Division of Health Psychology of the German Society for Psychology (DGPs).

**2021** | Travel grant “IDEUM – Internalization of Doctoral Education” by the University of Mannheim for the digital ISBNPA XChange Initiative Conference of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA).

**2021** | Travel grant “Women go Abroad Mobility Grant” by the University of Mannheim for the digital Conference of the European Health Psychology Society (EHPS).

**2020** | Teaching Award of the Psychology Student Association of the University of Mannheim for Bachelor’s seminar on health behavior change.

**2020** | Travel grant “IDEUM – Internalization of Doctoral Education” by the University of Mannheim for the digital ISBNPA XChange Initiative Conference of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA).

**2019** | Travel grant “Women go Abroad Mobility Grant” by the University of Mannheim for the 33<sup>rd</sup> Conference of the European Health Psychology Society (EHPS) in Dubrovnik, Croatia.

**2019** | Travel grant “IDEUM – Internalization of Doctoral Education” by the University of Mannheim for the Workshop “Meet the Editor with Dolores Albarracín” for doctoral students at the University of Basel, Switzerland.

**2019** | academia, career development program for female doctoral students, October 2019 - May 2020, University of Mannheim

**2019** | Thesis awarded with the “Otto-Selz-Prize” for the best Master’s thesis in Psychology (funded by Rationale Altruisten Mannheim).

## Reviewing Activities

### Journals

- ▶ Psychological Bulletin
- ▶ Obesity Reviews

### Conferences

**Active memberships**

- ▶ 52nd Congress of the German Psychological Society (DGPs) and the 15th Conference of the Austrian Society of Psychology (ÖGP)
  
- ▶ European Health Psychology Society (EHPS)
- ▶ German Society for Psychology (DGPs)
- ▶ International Society of Behavioral Nutrition and Physical Activity (ISBNPA)
- ▶ German Alliance for Global Health Research (GLOHRA)