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**EDUCATION**

**since 2019 | Doctoral Candidate**

Division of Health Psychology & Center for Doctoral Studies in Social and Behavioral Sciences  
University of Mannheim

**2019 | M.Sc. Psychology: Work, Economy and Society**

University of Mannheim

*Thesis:* Coping with Cola? Mental health problems longitudinally predict soft drink consumption among children and adolescents

*Advisors:* Jutta Mata & Sven Schneider

**2017/18 | Associate Member**

Center for Doctoral Studies in Social and Behavioral Sciences  
University of Mannheim

**2016 | B.Sc. Psychology**

University of Mannheim

*Thesis:* The influence of subjective uncertainty on affective reactions. What role does the memory play?

*Advisors:* Meike Kroneisen & Rüdiger Pohl

**PROFESSIONAL EXPERIENCE**

**since 2019 |** Postgraduate Research Assistant at the Division of Health Psychology, University of Mannheim

**2019 |** Student Research Assistant at the Mannheim Institute of Public Health, Social and Preventive Medicine, Heidelberg University

**2018/19 |** Student Research Assistant at the Division of Health Psychology, University of Mannheim

**RESEARCH INTERESTS**

- ▷ Interrelations of human and environmental health
- ▷ Pro-environmental health behaviors, i.e., Meat reduction
- ▷ Social media and health behaviors

**PUBLICATIONS** **Kadel, P.**, Schneider, S., & Mata, J. (2020). Soft drink consumption and mental health problems: Longitudinal relations in children and adolescents. *Social Science & Medicine*, 258, 113-123.  
doi.org/10.1016/j.socscimed.2020.113123

**Kadel, P.** (2020). The global youth is making its voices heard - Reflections on the UN75 Youth Townhall Meeting. *The European Health Psychologist*, 21, 674-675.

Schneider, S., Mata, J., & **Kadel, P.** (2020). Relations between sweetened beverage consumption and individual, interpersonal, and environmental factors: a 6-year longitudinal study in German children and adolescents. *International Journal of Public Health*, 258, 1-12.  
doi.org/10.1007/s00038-020-01397-0

Schneider, S., Bolbos, A., **Kadel, P.**, & Holzwarth, B. (2020). Exposed children, protected parents; Shade in playgrounds as a previously unstudied intervention field of cancer prevention. *International Journal of Environmental Health Research*, 30, 26-37.  
<https://doi.org/10.1080/09603123.2019.1572105>

Inauen, J., Contzen, N., Frick, V., **Kadel, P.**, Keller, J., Kollmann, J., Mata, J., & van Valkengoed, A. M. (2020). *Environmental issues are health issues: Making a case and setting an agenda for Environmental Health Psychology*. Manuscript submitted for publication.

**SELECTED CONFERENCE CONTRIBUTIONS** **Kadel, P.**, Gödde, J., Mata, J. (2020, September). *Veganism on Instagram: What do people post about and how are online and offline behaviors related?* Poster presented at the UCL Centre for Behaviour Change Online Conference.

**Kadel, P.**, Schneider, S., Mata, J. (2019, September). *Coping with cola? Mental health problems predict soft drink consumption among German children and adolescents*. Presentation given at the 33rd Conference of the European Health Psychology Society (EHPS). Dubrovnik, Croatia.

**Kadel, P.**, Schneider, S., Mata, J. (2019, July). *The association of mental health problems and the consumption of soft drinks in children and adolescents*. Presentation given at the 8th Workshop for Doctoral Students in Experimental Psychology (A-Dok). Mannheim, Germany.

**TEACHING  
EXPERIENCE**

**Spring 2020 and Spring 2019** | Special Issues in Biological Psychology: Health Behaviors and Underlying Biological Mechanisms, B.Sc. Psychology, University of Mannheim

**Spring 2020** | Research Project Seminar: Theory and Application of Health Psychology Research, M.Sc. Psychology, University of Mannheim

**Fall 2020 and Fall 2019** | Special Issues in Clinical Psychology: Disorders of Eating Behavior, B.Sc. Psychology, University of Mannheim

**GRANTS &  
AWARDS**

**2020** | Publication of the Year Award awarded by the Center for Doctoral Studies in Social and Behavioral Sciences of the School of Social Sciences and the Graduate School of Economic and Social Sciences.

**2020** | Otto Selz Prize for Best Master's Thesis in Psychology awarded by the Rationale Altruisten Mannheim.

**2019** | Teaching Award of the Psychology Student Association of the University of Mannheim for seminar on health behaviors and underlying biological mechanisms.

**2019** | Travel grant IDEUM: Internalization of Doctoral Education by the University of Mannheim for the 33rd Conference of the European Health Psychology Society (EHPS) in Dubrovnik, Croatia.

**2017/18** | Qualification scholarship  
Center for Doctoral Studies in Social and Behavioral Sciences  
University of Mannheim

**REVIEWING  
ACTIVITIES**

- ▷ Health Psychology
- ▷ Applied Psychology: Health and Well-Being

**MEMBERSHIPS** **since 2019** | European Health Psychology Society (EHPS)

- ▷ Lead of the Working Group on Environmental Issues in Health Psychology within the Special Interest Group on Equity, Global Health and Sustainability
- ▷ Member of the EHPS UN committee

**since 2019** | German Society for Psychology (DGPs)

**since 2019** | Scientists for Future Mannheim