
Elena Wurth, Doctoral Candidate and Research Assistant

University of Mannheim

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Education

Since 2024 | Doctoral Candidate

Division of Health Psychology

Project: Developing strategies for meat reduction using large language models

Advisors: Prof. Dr. Jutta Mata

2018 | M.Sc. Psychology

Majors: Work, economy and society

University of Mannheim

Thesis: Sense of belonging and performance in the digital semester: effects and mechanisms of a brief intervention

Advisors: Prof. Dr. Oliver Dickhäuser & Dr. Tamara Marksteiner

2016 | B.Sc. Psychology

University of Mannheim

Thesis: Permanently online - permanently distracted? The role of interruptions at work and cognitive flexibility: A day-level study.

Advisors: Prof. Dr. Sabine Sonnentag & Dr. Laura Venz

Professional experience

2023 | IU university, lecturer for social psychology

2022 to 2023 | Personalrezepte, Reilingen, lecturer for work psychology seminars

2022 to present | Freelance musician and psychologist

2020 | Oban, Scotland, volunteer work

2019 to 2021 | Chair of Educational Psychology, University of Mannheim, student assistant

2018 to 2021 | BASF SE, Ludwigshafen am Rhein, test administrator for aptitude diagnostics

2018 to 2022 | IPOS Hubert Consulting, Neustadt a.d. Weinstraße, trainer/ psychological consulting

2017 | German Aerospace Psychology, Hamburg, intern for research and aptitude diagnostics

2016 to 2017 | Chair of Work and Organizational Psychology, University of Mannheim, student assistant

Research interests

- ▶ Social aspects of meat consumption
- ▶ Reduction of meat consumption using large language models/ AI

Conference Presentations

Merkle, B., Kippenberger, E., Messerer, L., & Dickhäuser, O. (2019, September 9 - 12). Soll ich Psychologie studieren? Entwicklung eines standortübergreifenden Online-Self-Assessments zur Erkundung von Passung im Fach Psychologie. paEpsy - Fachtagung der Pädagogischen und Entwicklungspsychologie, Leipzig.