

Isabel Porstein

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Isabel Porstein, M.Sc.

Education

- Since 09/2025 **University of Mannheim**, Germany
Doctoral candidate at the Centre for Doctoral Studies in Social and Behavioral Sciences (CDSS)
Supervisor: Prof. Dr. Beatrice G. Kuhlmann
- 08/2023 – 08/2025 **University of Mannheim**, Germany
Master of Science (M.Sc.) Clinical Psychology and Psychotherapy
Thesis: Exploring Vulnerability Factors for Induced State Dissociation: An Experimental Laboratory Study
Advisors: Dr. Sarah Danböck, Prof. Dr. Georg W. Alpers
- 06/2023 – 08/2023 **Harvard University**, Cambridge, USA
Summer School
Grade: A
- 08/2019 – 07/2023 **University of Mannheim**, Germany
Bachelor of Science (B.Sc.) Psychology
Grade: 1.4 (GPA 3.6)
Thesis: Is there an age-related positivity effect in older adult's source memory?
Advisors: Dr. Nikoletta Symeonidou, Prof. Dr. Beatrice G. Kuhlmann
- 08/2017 – 07/2019 **Romain-Rolland-Gymnasium** (Middle and High School), Dresden, Germany
Abitur (German university-entrance qualifications)
Grade: 1.1 (GPA 3.9)
- 08/2016 – 07/2017 **Bishopstown Community School**, Cork, Ireland

Internships and work experience

- Since 02/2026 **University of Mannheim**
Student Research Assistant (Certified), Chair for Cognitive Psychology and Cognitive Aging
- Organization and management of research databases
 - Recruitment of participants for aging research
- 02/2025 – 04/2025 **Family Therapy Centre (FaTZ)**, Neckargemünd, Germany
Clinical internship
- Psychological and therapeutic care for children, and therapeutic support for parents
- 11/2023 – 02/2025 **Central Institute of Mental Health**, Mannheim, Germany
Research assistant
- Part of the research group Psychobiology of Self-Regulation

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- 01/2023 – 03/2023 **University Hospital Carl Gustav Carus Dresden, Clinic and Polyclinic for Psychotherapy and Psychosomatic Medicine, Germany**
Clinical internship
- Conducting cognitive performance diagnostics and administering psychological questionnaires
- 09/2022 – 12/2022 **Heidelberg University Hospital, General Psychiatry, Germany**
Clinical internship
- Execution of individual skill trainings with patients suffering from PTSD and personality disorders
 - Leading the group on the topic on perception

Publications

- 01/2023 **Kurzfragebogen zu Personaler Nostalgie (KPN)** (Short Questionnaire on Personal Nostalgia)
Heinzl et al., 2023
DOI: <https://doi.org/10.6102/zis328>
- 05/2022 **Is there an emotionality effect in older adults' source memory?**
Symeonidou et al., 2023
DOI: <https://doi.org/10.1080/13825585.2022.2078778>

Volunteer work

- 10/2023 – 12/2023 **Caritasverband Mannheim e.V., Germany**
Trauma counsler
- Part of a volunteer team working with refugee children with trauma

Skills

- Language skills German – native language
English – fluent (TOEFL iBT 2025: 116 out of 120)
French – basic knowledge
- Computer skills MS-Office (Word, Excel, PowerPoint) – very good
iOS – very good
Data analysis: RStudio, multiTree – basic knowledge
- Measurement methods Basic knowledge in conducting fMRI, fNIRS, and EEG measurements

I. Porstein

Mannheim, 12.02.2026