

## Isabel Porstein, M.Sc.

### Education

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Since 09/2025	<b>University of Mannheim</b> , Germany Doctoral candidate at the Centre for Doctoral Studies in Social and Behavioral Sciences (CDSS) Supervisor: Prof. Dr. Beatrice Kuhlmann
08/2023 – 08/2025	<b>University of Mannheim</b> , Germany Master of Science (M.Sc.) Clinical Psychology and Psychotherapy <i>Thesis:</i> Exploring Vulnerability Factors for Induced State Dissociation: An Experimental Laboratory Study <i>Advisors:</i> Dr. Sarah Danböck, Prof. Dr. Georg W. Alpers
06/2023 – 08/2023	<b>Harvard University</b> , Cambridge, USA Summer School Grade: A
08/2019 – 07/2023	<b>University of Mannheim</b> , Germany Bachelor of Science (B.Sc.) Psychology Grade: 1.4 (GPA 3.6) <i>Thesis:</i> Is there an age-related positivity effect in older adult's source memory? <i>Advisors:</i> Dr. Nikoletta Symeonidou, Prof. Dr. Beatrice G. Kuhlmann
08/2017 – 07/2019	<b>Romain-Rolland-Gymnasium</b> (Middle and High School), Dresden, Germany Abitur (German university-entrance qualifications) Grade: 1.1 (GPA 3.9)
08/2016 – 07/2017	<b>Bishopstown Community School</b> , Cork, Ireland

### Internships and work experience

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02/2025 – 04/2025	<b>Family Therapy Centre (FaTZ)</b> , Neckargemünd, Germany Clinical internship <ul style="list-style-type: none"><li>○ Psychological and therapeutic care for children, and therapeutic support for parents</li></ul>
11/2023 – 02/2025	<b>Central Institute of Mental Health</b> , Mannheim, Germany Research assistant <ul style="list-style-type: none"><li>○ Part of the research group Psychobiology of Self-Regulation</li></ul>
01/2023 – 03/2023	<b>University Hospital Carl Gustav Carus Dresden, Clinic and Polyclinic for Psychotherapy and Psychosomatic Medicine</b> , Germany Clinical internship <ul style="list-style-type: none"><li>○ Conducting cognitive performance diagnostics and administering psychological questionnaires</li></ul>

**Isabel Porstein**

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09/2022 – 12/2022

**Heidelberg University Hospital,  
General Psychiatry, Germany**

Clinical internship

- Execution of individual skill trainings with patients suffering from PTSD and personality disorders
- Leading the group on the topic on perception

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**Publications**

01/2023

**Kurzfragebogen zu Personaler Nostalgie (KPN)** (Short Questionnaire on Personal Nostalgia)  
Heinzl et al., 2023  
DOI: <https://doi.org/10.6102/zis328>

05/2022

**Is there an emotionality effect in older adults' source memory?**  
Symeonidou et al., 2023  
DOI: <https://doi.org/10.1080/13825585.2022.2078778>

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**Volunteer work**

10/2023 – 12/2023

**Caritasverband Mannheim e.V.**, Germany

Trauma counsler

- Part of a volunteer team working with refugee children with trauma

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**Skills**

Language skills

German – native language  
English – fluent (TOEFL iBT 2025: 116 out of 120)  
French – basic knowledge

Computer skills

MS-Office (Word, Excel, PowerPoint) – very good  
iOS – very good  
Data analysis: RStudio, multiTree – basic knowledge

Measurement methods

Basic knowledge in conducting fMRI, fNIRS, and EEG measurements

*I. Porstein*

Mannheim, 30.09.2025