

SABRINA BERRES

Doctoral Candidate

Chair of Cognitive Psychology and Individual Differences

University of Mannheim

CONTACT

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RESEARCH INTERESTS

Episodic memory

Sleep and cognition

Statistical modeling of cognitive processes

EDUCATION

Since 09/2017

Doctoral (Ph.D.) Student in Cognitive Psychology

Graduate School of Economic and Social Sciences (GESS)

Center for Doctoral Studies in Social and Behavioral Sciences (CDSS)

University of Mannheim

Thesis Topic: The sleep benefit in episodic memory:

Investigating Underlying Mechanisms

Supervisors: Prof. Dr. Edgar Erdfelder, Prof. Dr. Beatrice G. Kuhlmann

09/2015 – 04/2017

M.Sc. Psychology: Work, Economy, and Society

University of Mannheim

Title: Think little, decide quickly? The impact of impulsivity
and sensation seeking on recognition heuristic use

Supervisors: Prof. Dr. Edgar Erdfelder, Dr. Martha Michalkiewicz

09/2012 – 07/2015 **B.Sc. Psychology**

University of Mannheim

Title: Task characteristics and task-related work engagement:
The moderating role of focus on opportunities and qualitative
job insecurity

Supervisors: Prof. Dr. Sabine Sonnentag, Dr. Maya Machunsky

ACADEMIC POSITIONS

Since 09/2018

Research and Teaching Assistant

Chair of Cognitive Psychology and Individual Differences
University of Mannheim

01/2015 – 07/2017

Student Research Assistant

GESIS Leibniz Institute for the Social Sciences, Mannheim
Department for Survey Design and Methodology

Field of work: Project “Personality and education effects”;

CIS: Collection of Items and Scales for the Social Sciences

Supervisors: Prof. Dr. Daniel Danner, Dr. Clemens Lechner

01/2016 – 05/2016

Research Internship

Chair of Cognitive Psychology and Individual Differences
University of Mannheim

Project: Determinants of fast-and-frugal decision making
with the recognition heuristic: A cost-benefit approach

Supervisors: Dr. Martha Michalkiewicz, Prof. Dr. Edgar Erdfelder

CONFERENCE CONTRIBUTIONS

Berres, S., & Erdfelder, E. (2018, September). *Welche Rolle spielt Schlaf im episodischen Gedächtnis? Vorläufige Ergebnisse einer Meta-Analyse [What role does sleep play in episodic memory? Preliminary results of a meta-analysis]*. Poster presented at the 51st DGPs-Kongress, Frankfurt am Main, Germany

Berres, S., Erdfelder, E. & Quevedo Pütter, J. (2018, March). *Hierarchical modeling of mechanisms underlying the sleep benefit in episodic memory: Disentangling storage and retrieval contributions*. Talk given at the 60th Conference of Experimental Psychologists, Marburg, Germany

WORKSHOPS

2019 **8th Workshop for Doctoral Students in Experimental Psychology (A-Dok)**

Workshop organization and poster presentation: Berres, S., & Berkessel, J. B. (2019, July). *Let's neglect what hurts my ego! A research proposal on the cognitive mechanisms underlying mnemonic neglect*.

University of Mannheim, Germany

2019 **Doctoral College Conference 2019**

Poster presentation: Berres, S., & Meachon, E. J. (2019, July).

Why is the sleep benefit in episodic memory for children with ADHD lower than for typically developing children? A research proposal for investigating underlying cognitive processes with a multinomial modelling approach.

University of Surrey, United Kingdom

10/2017 – 05/2018 **WOVEN Pro: acadEMIA**

Leadership training program for young female researchers

Department of Gender Equality and Social Diversity

University of Mannheim, Germany

TEACHING

- Spring 2019 **Research Methods: Empirical Research on Episodic Memory**
Seminar, Level: B.Sc.
University of Mannheim
- Fall 2018, 2019 **General Psychology: Sleep and Cognition**
Seminar, Level: B.Sc.
University of Mannheim

UNIVERSITY SERVICE

- Since 2017 **Elected Student Representative**
Center for Doctoral Studies in Social and Behavioral Sciences (CDSS)
University of Mannheim

SCHOLARSHIPS, AWARDS AND GRANTS

- 2019 **Santander Mobility Award**
by Santander Universities UK for attending the Doctoral College
Conference 2019 at the University of Surrey, United Kingdom
- 09/2017 – 08/2018 **Full one-year scholarship**
by the Graduate School of Economic and Social Sciences (GESS)
University of Mannheim

Last update: September, 2019